GEORGIA WARM SPRINGS FOUNDATION

Franklin D. Roosevelt
Founder

DIAGNOSIS, EVALUATION AND TREATMENT

OF

THE PHYSICALLY IMPAIRED

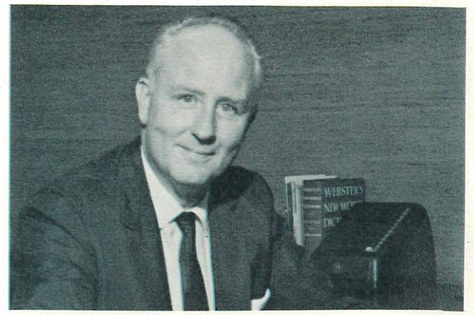
- Arthritis and Rheumatism
- Curvatures of the Spine
- Diseases of Muscle
- Paralysis from "Strokes" or other Brain Damage
- Poliomyelitis, Polyneuritis, and Peripheral Nerve Injuries
- Other Neuromuscular and Musculoskeletal Diseases and Injuries.

MEDICAL SERVICES

The Foundation's medical services are under the supervision of the Executive Director. The Directors of Internal Medicine, Orthopedic Surgery, Physical Medicine and Rheumatology, assisted by the resident staff, share responsibility for the care and treatment of all patients. Additional medical and surgical consultants are readily available for consultation when unusual problems are encountered.

Patients may be referred for evaluation or treatment on an in-patient basis. If a patient is accepted for a period of treatment there will be an evaluation at the end of the first week. If at that time it is found that the patient cannot profit by the program offered, or if the patient's demands cannot be met, he will be referred back to his local physician.

If the patient is capable of caring for his own needs, or is accompanied by his family or attendant, the evaluation may be accomplished on an out-patient basis. Carefully selected patients may also secure extended treatment on a self-care basis.



ROBERT L. BENNETT, M.D.
Executive Director

Tests of muscle strength, functional ability, intelligence and aptitudes, vocational interests and abilities, speech and hearing, and electronic tests including electromyography, will be made where indicated. The results of these tests will be forwarded with the examining physician's notes to the referring physician.

Should orthetic devices of a supportive or assistive nature be indicated, these may be ordered by the Foundation physicians and furnished by its Orthetic shops.

PHYSICAL THERAPY

Physical therapy is primarily interested in the development of safe and practical physical capacity through re-education and strengthening of weakened muscles, restoration of joint motion, and specific functional training.

To achieve these goals, the physical therapist, under prescription by the physician, uses such physical agents as heat, massage, water, electricity, exercises and orthetic devices.

Specific functional training is of particular interest to the physical therapist. Every attempt is made to teach the patient to be independent in meeting the demands of his daily life. Facilities are available to train the patient to overcome all of the obstacles that he is likely to meet when he returns to a normal environment.

OCCUPATIONAL THERAPY

Occupational therapy utilizes many of the traditional crafts to augment muscle re-education and functional training. The philosophy underlying treatment procedures is essentially the same as in physical therapy and the two disciplines are closely integrated.

Activities related to daily and vocational needs in the functional phase of treatment are emphasized. The occupational therapist applies both initiative and skill in adapting devices and modalities to the therapeutic needs of the patient.

Within the Occupational Therapy department a Vocational Analysis unit is equipped with materials and tools from which simulated job situations can be structured.

On completion of a prevocational evaluation, it is possible to provide an estimate of interest, speed and quality of performance. (See page 10 for vocational training opportunities at the Georgia Rehabilitation Center.)

NURSING

The Nursing Service is responsible for skin care, bowel and bladder training, the administration of all medications and for much of the practice of self-care training.

The close personal relationship which exists between nurse and patient results in an understanding of the patient and a special insight into his problems. The nurse is thus able to interpret the patient's attitudes and behavior to the mutual benefit of the patient and other members of the staff.

SPEECH THERAPY

The speech therapist evaluates and offers remedial services to the patient with speech problems. A family counseling program is carried on to promote a greater understanding of the needs and problems of individuals with speech difficulties arising from certain types of medical disorders.

MEDICAL SOCIAL SERVICE

The medical social service worker must learn a great deal about the patient, his family and his community. This knowledge is essential to effective planning for the patient's future. Repeated contacts with the patient give him the opportunity of expressing his reactions to his physical impairment and to discuss his plans, hopes, and ambitions.

PSYCHOLOGY

Psychological evaluation through measurement of intelligence, evaluation of intellectual deficit following certain types of illness, appraisal of personality characteristics or changes, measurement of aptitudes for educational programs and occupational potential assist the patient in making plans for maximum participation in activities appropriate for him in his home, community, school, or work.

ELECTRO-DIAGNOSIS

The Electrodiagnostic Laboratory is equipped with a four-channel electromyograph, chronaximeter, and various electronic stimulators which are used in making diagnostic observations at the specific request of staff physicians. In addition, research projects in the field of neuromuscular physiology are carried out in this area.

ORTHETICS

The hospital operates its own Orthetic department for the manufacture of appliances, including leg braces, crutches, splints, spinal supports, and functional apparatus such as forearm ortheses. All appliances for patients are custom-made and must be ordered and approved by the medical staff of the hospital.

EDUCATION

The hospital provides educational services to help patients, particularly those enrolled in elementary and high school programs, maintain, in so far as their physical condition permits, the educational programs of their home schools. A limited number of patients can be accommodated in the pre-school program, and on the post-graduate level in commercial studies.

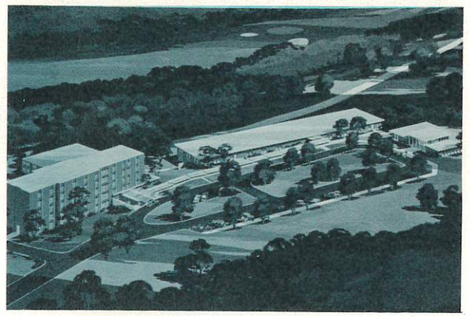
RECREATION

Informal activities such as tournaments, games, and parties are conducted in the Patient's Recreation Room. Roosevelt Hall houses a well-equipped theater with professional stage and CinemaScope screen. Here films and live shows are staged as a regular feature of the recreational program.

VOCATIONAL EVALUATION AND TRAINING

The Georgia Rehabilitation Center, operated by the Georgia Division of Vocational Rehabilitation and situated on land deeded to the State of Georgia by the Georgia Warm Springs Foundation, was completed in June, 1964, and comprises a 130-bed residence unit, vocational and evaluation units and an administration building.

Rehabilitation of the physically impaired individual often requires services besides those designed to offer the best definitive medical care for the limitation of impairment. To achieve self-dependence the patient may require vocational evaluation and training under the guidance of counselors, educators, psychologists and other skilled professional workers trained in rehabilitation techniques.



At the Georgia Rehabilitation Center intensive evaluation provides a realistic and practical appraisal of the individual's abilities, limitations, interests and vocational possibilities. The Center also provides vocational training opportunities in numerous fields of endeavor.

Working in close cooperation the Georgia Warm Springs Foundation and the Georgia Rehabilitation Center offer a comprehensive program designed to prevent impairment from becoming a disability. Medicine contributes to ability by limiting impairment while rehabilitation turns ability into performance and provides performance with opportunity.

PROCEDURE FOR ADMISSION

The initiation of request for admission to the Foundation for evaluation or treatment should come from the patient's local physician. If no local physician is caring for the patient, the request may be initiated directly by the patient or his family, or by representatives of agencies interested in patient care.

If patients are referred to the Foundation for evaluation only, this should be clearly indicated. If admission to the hospital for actual treatment is desired, this also should be clearly stated.

It is requested that the referring physician or agency send all available medical data with the application. This data will be of great assistance to the hospital physicians and may save the patient time and money.

If the referring physician desires, he may call Warm Springs, Georgia, Area Code 404, Telephone number 655-3601, discuss the problem with the Admission Office and dictate medical history and findings over the telephone.

The Admission Office will inform the patient of the date and time of his appointment at the hospital and will make any necessary arrangements to transport the patient from Atlanta to Warm Springs upon his arrival by plane or train.